



TMD for the Sleep Dentist Course

October 6-7, 2023 | Atlanta, GA | 15 CEUs



Our patients need a good night's rest because sleep is imperative to function correctly daily. But when patients struggle with temporomandibular joint (TMJ) disorders (TMD), they may experience sleep disruptions due to the pain and discomfort of this chronic problem. As a dental sleep medicine dentist, you need to manage not only sleep apnea but also TMD.

However, many dentists describe TMD as a pain problem and not one that they may need to worry about unless a patient seeks treatment. But if sleep dentists limit their understanding to seeing only pain, then no pain would mean there is no problem, which can have negative consequences for everyone involved

because treating sleep apnea without knowing about TMD can cause further harm to the patient and delay treatment. Given the relationship between sleep bruxism and sleep breathing disorders, TMD may be diagnosed in patients with sleep apnea. By becoming a well-rounded dental sleep medicine dentist aware of TMJ disorders, you can prevent the condition from happening or manage it when it arises confidently and can help differentiate your practice further while also providing the best quality care for your patients. And we can help. This upcoming course on TMJ disorders for the sleep dentist is just what you need to move forward with advancing the care you provide your patients.



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Course content will include basic anatomy and neuroanatomy that you need to know to be familiar with treating TMD problems. You will also be taught how to properly do a sleep and TMD intake (taking measurements and palpating muscles) to document any existing problems before treatment correctly. Radiographs will also be discussed on how to interpret both for sleep and TMD. Discussions will also be held about the different types of TMD problems. Disc displacements (reducing and nonreducing), capsulitis problems, and musculoskeletal problems may be present before treatment or may arise from using the orthotics that treat sleep patients. You will be provided information about the pharmacological management of these problems and the different types of TMD orthotics that can help manage the problems.



In this educational session, we will cover:

- How the temporomandibular joint works.
- An understanding of the muscles and their pain referral pattern.
- Taking a comprehensive history before treatment.
- How to recognize, diagnose and manage common TMJ disorders.
- Pearls on minimizing TMJ issues while managing sleep apnea with an oral appliance.

Dentist: \$1495 CEUs: 15

Location: Craniofacial Pain & Dental Sleep Center | 200 Ashford Center N. STE 195. Atlanta, GA 30338

SPEAKERS:



Terry Bennett, DMD

- Diplomate of ABCP, ABDSM, and ABCDSM
- Former President of the AACP
- Practice limited to Dental Sleep Medicine and Craniofacial Pain

Mayoor Patel, DDS, MS

- Diplomate of ABCP, ABDSM, ABCDSM, and ABOP
- Practice limited to Dental Sleep Medicine and Craniofacial Pain



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