

Overview of Dental Sleep Medicine and TMJ Disorders Course

March 26-27, 2021 | Tulsa, OK | 15 CEUs



DAY 1 - Dental Sleep Medicine.

It is estimated that more than 18 million Americans suffer from sleep apnea—when a person’s airway gets blocked while they are sleeping. This will often happen because a person is overweight and additional tissue thickens the wall of the windpipe, making it more difficult to keep open. And, sometimes it is because the throat muscles relax more than normal. A long, bony neck can also make for a narrower airway, which leads to sleep apnea as well.

The most common treatment option is the use of a CPAP machine. However, many patients are non-compliant to this form of treatment and do not want to undergo surgery. When this occurs, their best option may be oral appliance therapy, which is provided by a dentist. By wearing an oral appliance, it opens the airway by pushing the lower jaw forward and is more comfortable than a CPAP machine.

What you will learn.

- ✓ Basics of Sleep, Sleep Medicine and Sleep Disorders.
- ✓ The Role of the Dentist in Sleep Medicine.
- ✓ Screening for Sleep Disorders.
- ✓ Oral Appliances for Airway and Breathing Disorders (SRBD).
- ✓ The Jaw/Bite Registration for Construction of an Oral Appliance (Demonstration and Hands-On Exercise).





DAY 2 – Orofacial Pain.

Orofacial pain covers a wide spectrum of symptoms and can be exhibited in many areas of the head and neck with the majority of complications associated with the temporomandibular joint disorder (TMD). An essential part of routine dental examinations for all patients and the gold standard for the diagnosis of TMD is based on the patient's history, clinical examination, and imaging when necessary.

The connection between airway issues, bruxism, and TMD (orofacial pain) is no longer a question of 'if'. Instead, it is a question of proper evaluation and diagnosis by the dental and medical teams. As a dentist, you will often evaluate, refer, and possibly manage these issues impacting such a large percentage of the population. And, with a clear relationship, we look to understand that clenching or grinding of one's teeth is a way for the brain to protect itself from suffocation during sleep.

What you will learn.

- ✓ How to perform a comprehensive examination.
- ✓ How to take a Pain history – what it all means.
- ✓ Splint therapy for TMJ disorders.
- ✓ Orofacial pain – what you should be aware of.



Dentist: \$595 Practice Member: \$295 CEUs: 15

Location: Tulsa Marriott Southern Hills | 1902 E 71st St, Tulsa, OK 74136

Speakers:



Terry Bennett, DMD

- Diplomate of ABCP, ABDSM, and ABCDSM
- Former President of the AACP
- Practice limited to Dental Sleep Medicine and Craniofacial Pain

Mayoor Patel, DDS, MS

- Diplomate of ABCP, ABDSM, ABCDSM, and ABOP
- Practice limited to Dental Sleep Medicine and Craniofacial Pain

